

Arizona Counseling Resources

Counseling References

Doorways Arizona (Phoenix)

Faith-based mental health care for adolescents
<http://doorwaysarizona.com>
(602) 997-2880

Jewish Family & Child Services (Phoenix)

Services for children, teens, and adults
<https://www.jfcsaz.org>
(602) 279-7655

Devereux

Residential treatment, outpatient services, and autism center.
<https://www.devereux.org/>
1-800-345-1292

Terros Health

Services for children and family and also provides Telehealth sessions and checkups
<https://www.terroshealth.org>
(602) 685-6000

Quail Run Behavioral Health

Provides Telehealth sessions and inpatient care for adolescents
<https://quailrunbehavioral.com>
(602) 455-5700

A New Leaf

Provides housing, health, and community services
<https://www.turnanewleaf.org>
(480) 969-4024

Addiction Rehabilitation

Teen Challenge

Springboard Home for Youth in Crisis
- Girls ages 13-17 (520) 887-8773
Home for Hope
- Women 18 years and older (520) 836-5030
Greater Phoenix Teen Challenge
- Men 18 years and older (602) 271-4084

Adolescent Substance Abuse Program

<https://www.asapaz.com>
(602) 434-0249

Alcoholics Anonymous

Schedule for greater Phoenix area (zoom is an option) - <https://aaphx.org/meetings/>
Meetings can be filtered for a specific city, day, and code (ie: men only, women only, newcomers only, etc).

Narcotics Anonymous

Free meetings, search can be filtered for a specific city, day, and code (ie: men only, women only, etc).
<https://www.na.org>

Additional Resources

Teen Crisis Text Line

Text the word "HOME" to 471471

Teen Hotline (phone or text)

(602) 248-TEEN (8336)

National Suicide Prevention Lifeline

<https://suicidepreventionlifeline.org>
1-800-273-TALK (8255)

LGBTQ Community

National talkline 1-888-843-4564

Youth talkline 1-800-246-7743

The Trevor Project

1-866-488-7386

Text "START" 678-678