

Health and Wellness Syllabus

Teacher: Mr. Harrison

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Room Number: 214

Course Description:

This course is an introduction to topics pertaining to health and wellness. Topics will include, but are not limited to, wellness and lifestyle management, basic principles of physical fitness, nutrition, weight management, stress management, sexually transmitted diseases, substance use, and abuse and chronic diseases.

Classroom Expectations:

1. Be on time.
2. Respect yourself and others.
3. Be prepared.
4. Do your best work.
5. Maintain an environment for learning.
6. Keep a positive attitude.
7. Take responsibility.
8. Dress appropriately.
9. Use your time wisely.

The typical pattern of consequences for not meeting expectations are as follows: the first time you do not meet expectations in my class you will receive a warning/writing assignment to get you back in compliance. If you are not meeting expectations a second time, then you will receive a lunch detention/trash duty. If you continue not meeting expectations, administration will be called and you will be removed from my class. I reserve the right to make changes to this typical pattern.

Tardy Policy:

The student handbook states that a student will be considered tardy if he/she is not seated in their desk and ready to learn when the tardy bell rings. The first time you are tardy during a semester you will receive a writing assignment. If you are tardy multiple times, administration will be informed.

Cell phone and other non-educational items policy:

The student handbook states that non-educational items (including cell phones) are not to be out because they can disrupt the learning environment. A violation of the school cell phone use policy will be treated as a disciplinary matter.

Materials Policy:

The student handbook states that students need to be prepared for class. Every day students must bring these five materials: folder, writing utensil, coloring utensils, paper, and a book to read. If a student doesn't bring one of these materials, there will be consequences.

Grading:

Your grade will be based on points earned from classwork, labs/projects, quizzes and tests.

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| A | 90%-100% |
| B | 80%-89% |
| C | 70%-79% |
| D | 60%-69% |
| F | 59% or lower |

Academic Probation:

1. A student is placed on academic probation when his/her grade drops below a 'D' in an individual class. When this occurs, the teacher will notify a parent and will develop an Individualized Academic Plan (IAP) for the student.
2. A student will remain on academic probation until the grade improves to a 'C' or higher.
3. At a minimum, the plan will include mandatory tutoring (2:35-3:30 Monday and Wednesday) until the grade improves to a 'C' or higher.
4. Refusal to comply with the Academic Probation requirements is considered insubordination.

*Students who fail a semester core course are required to attend Academic Friday School from 12:15-3:30pm the following semester to make up the credit. Students who fail to attend Academic Friday School are subject to disciplinary action.

**Once enrolled, North Pointe does not accept course credit from other high school or online institutions.

Make-up Work:

If you have an excused absence, it is YOUR responsibility to find out what you missed. I WILL NOT be reminding you. You will have two days for every day that you were absent to complete the classwork in that you missed. If you miss a test or a lab then you will make it up when you return during tutoring time. If the absence is unexcused, you will receive a zero for the missed work. If you have more than 9 absences in a semester then you will not receive credit for the work that is missed but are still expected to complete the work.

Note to Parents:

I feel it is essential to have communication with parents throughout the school year. During the year, I will be emailing you if your child is not meeting expectations (grades or behavior) and for positive things as well. This year, I am asking for students to bring in a box of tissues for the class if you are able. If you have any questions or concerns, please feel free to contact me. The best way is through email (jharrison@pointeschools.org).

After you have read the syllabus, please sign it and have your parents read, sign, and return it to me.

Student Name_____

Student Signature_____

Parent Name_____

Parent Signature_____

Parent email:_____